# Need to Talk? Mental Health Support is Here for You

#### **Our Commitment to Your Mental Health**

Fusion Charter is committed to supporting the mental health and well-being of every student. Help is available on campus and in our community you are not alone.

#### **How to Get Help on Campus**

You can request support by speaking directly to:

School Counselor: Mark Evanoff, Front Office, Phone: 209-667-9047

Email: mevanoff@fusioncharter.org

Student Support Advocate: Cynthia Herrera, Room # 2 Phone: 209-667-9047

Email: cherrera@fusioncharter.org

You may also ask any trusted teacher or staff member to connect you.

### What We Can Help With

Stress, anxiety, depression, grief, family concerns, conflict with peers, bullying, substance use concerns, self-esteem, identity questions, and any other personal challenges affecting your well being.

## **Community Mental Health Resources**

Aspiranet's Behavior Health Services | Phone: 209-669-2583 | Walk-in: 420 East Canal Dr. Turlock

County Crisis Line Phone: 1-800-273-TALK or 1-800-SUICIDE (24/7)

National Suicide Prevention Lifeline: 988 (call or text)

Crisis Text Line: Text HOME to 741741

## **Your Privacy**

Conversations with school-based mental health staff are confidential except in cases where safety is at risk or as otherwise required by law. We will always explain what this means before you share.

## This Notice is Updated Twice Per Year

Per California law, this poster is shared with students in fall and spring. Please take a photo or save this information.